

Tired of eating that mass-produced, cardboard-like, only-about-five-raisins-in-the-whole-pack excuse for a muesli they sell in the supermarket? Then handmade, fresh and healthy **Miss Muesli** is the breakfast choice for you. Made with a mix of locally sourced and imported nuts, fruits and grains, they promise a higher fruit-to-base ratio than off-the-shelf alternatives and they'll deliver it straight to your door. The best part is they even offer fully customizable mixes so you can pick exactly which ingredients you want (buckwheat, rye, blueberries, goji berries, longan, rose, etc) and leave out what you don't – sugar, additives and other nasties, presumably. Order by phone, online, on WeChat or in person at their experimental cereal-mixing lab near Beixinqiao, where you might even get to try a free sample. Premixes are around RMB35 for 400g and RMB58 for 750g, while that sweet granola is around RMB45/70 for 400/750g. (Delivery: RMB10, free for orders over RMB149.)



Photo: Miss Muesli

> Tue-Fri 3-8pm, Sat-Sun 11am-6pm; 42 Xiguan Hutong, Dongcheng 东城区细管胡同42号 (188 0116 8480; www.missmueslibeijing.com)